

RESEARCH SHOWS THE LARGEST RELIGION IN THE UNITED STATES IS CATHOLIC. THE SECOND IS INACTIVE CATHOLICS.

Fort Lauderdale, FL May 30, 2007 – Today more and more Catholics are opting out of attending church altogether, says former Catholic and now minister and author Tim Lott. “I have personally experienced the boredom at Sunday Mass, I questioned the man-made rules of my faith along with the churches rituals, only to find that I was empty inside after thirty-eight years of religion.” Now, through his personal journey of searching for answers after a tragedy stuck in his life, he has discovered a survival kit for the casual churchgoer.

Tim Lott, author of “[Growing Up Catholic The Pursuit of Truth](#)” says, “You, too, will benefit by discovering that same tremendous joy and peace that I have found, a life of inner happiness and harmony, no matter what your circumstances may be.” Today many Catholics who attend Sunday mass are simply going through the motions feeling secure that they have enough religion to sustain them. Some have been empty inside for a long time and wondering why this void still exists. It is no secret that parishioners in this country are divided over outdated principles, doctrine issues, mistrust, the infallibility of the Pope, sexual misconduct among church leaders and refusal to recognize second marriages to name a few.

“In his NEW book Lott has branded a critical survival kit for today’s casual churchgoer. He brings to the forefront problems we battle with as parishioners and how to overcome them.”

In May 2007, the Barna Group showed more than three-quarters of moms identify "family" to be their highest priority. At the same time, a majority of mothers strongly agree that their faith is very important in their life. In contrast, fathers also tend to list family as their top priority in life, yet they are much less likely to equally attribute importance to faith. Unfortunately, men are not the spiritual leaders of their family any longer, but Tim Lott has discovered answers through his own experience of searching for truth and finding answers about religion, faith and God in a simple and practical way. What he discovered completely changed his life and altered the way he approached church, God and life itself.

Growing Up Catholic The Pursuit of Truth is just that, a search for truth through the deep and complicated Catholic beliefs, which forces you to ask the question, “Am I who I thought I was?”

“Growing Up Catholic The Pursuit of Truth from tradition to satisfaction” was written as a result of a man who questioned his faith after thirty-eight years. Realizing he had been going through the motions of religion which had been taught from childhood, he sought to find the reasons why there was emptiness where so much religion had been before. There are thousands who simply opt out of church altogether for these same reasons. Catholics have traditionally been more consistent in church attendance than Protestants. However, that trend has reversed course, and Catholics have been more likely than Protestants to earn the unchurched label throughout the past decade and the trend is not slowing down. **Many Catholic churchgoers are searching for answers and your church CAN HELP them.**

[Tim is a former Catholic who left the secular business world and now is an ordained minister.](#) He has worked on staff at Northeast Christian Church in Louisville, Kentucky, as the Director of Ministries, and at Community Christian Church of Fort Lauderdale, Florida, as the Minister of Involvement. Tim started teaching the “Growing up Catholic” class in 2002 at Northeast. His book is distributed by Bookworld and will be available June 2007 in all major book stores but is available now at www.GrowingUpCatholic.net. ISBN 978-0-9791188-3-8